

11	Monday 2018-09-24	Tuesday 2018-09-25	Wednesday 2018-09-26	Thursday 2018-09-27	Friday 2018-09-28	Saturday 2018-09-29	Sunday 2018-09-30
BREAKFAST	Bananas Seasonal Fruit Mealie Meal Rice Krispies All Bran Saute Potatoes with Bacon Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Maltabela Corn Flakes Future Life Fried Eggs Grilled Tomatoes Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Oats Weetbix Rice Krispies Cheese Omelettes Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Creamy Meal Muesli Future Life Scrambled Egg with Bacon Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Mealie Meal All Bran Rice Krispies Hash Browns Tomato & Onion Relish Toast Fruit Juice Boiled Eggs Fruit Yoghurt		
SANDWICH	Cheese	Choc Spread	Cheese	Peanut Butter	Chicken Mayonnaise		
TREAT	Spring Rolls	Chocolate Cake	Vanilla Sponge Cake	Coconut Cookies	Chocolate Brownies		
LUNCH	Steak Braai Pap Chakalaka Roasted Butternut Orange Wedges Greek Salad Beetroot Salad Breadrolls Fruit Juice	Crumbed Fish Potato Wedges Green Peas Tartar Sauce Green Salad Coleslaw Breadrolls Fruit Juice	Beef Wraps Sweet Potato Wedges Stir Fry Vegetables Greek Salad Breadrolls Fruit Juice	Cheese Burgers Chips Sliced Tomato Sliced Pineapple Sliced Cucumber Green Salad Homemade Rolls Fruit Juice			
VEGETARIAN	Soya Sausages	Soya Schnitzel	Soya Vegetable Wraps	Homemade Pot Pies			
SUPPER	Chicken and Mushroom Pie Chips Gravy Gem Squash Green Salad Homemade Rolls Fruit Juice	Beef Breyani Dhall Sambals Green Salad Homemade Rolls Fruit Juice	BBQ Roast Chicken Roast Potatoes Broccoli & Cauliflower Bake Green Salad Breadrolls Fruit Juice	KFC Style Chicken Strips Potato Wedges Honey & Mustard Sauce Green Salad Homemade Rolls Fruit Juice			
VEGETARIAN	Homemade Pot Pies	Vegetable Breyani	Stuffed Butternut	Crumbed Soya Strips			
DESSERT	Baked Chocolate pudding & Custard	Chocolate Mousse	Malva Pudding & Custard	Paddle Pops			