

9	Monday 2018-09-10	Tuesday 2018-09-11	Wednesday 2018-09-12	Thursday 2018-09-13	Friday 2018-09-14	Saturday 2018-09-15	Sunday 2018-09-16
BREAKFAST	Bananas Seasonal Fruit Mealie Meal Rice Krispies Weetbix Crumpets Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Maltabela Corn Flakes All Bran Hash Browns Tomato & Onion Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Oats Muesli Future Life Scrambled Egg Bacon Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Mealie Meal Corn Flakes Weetbix Fried Eggs and Tomato Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Maltabela All Bran Rice Krispies Fish Fingers Tomato Relish Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Oats Corn Flakes Future Life Cheese Omelettes Toast Fruit Juice Boiled Eggs Fruit Yoghurt	Bananas Seasonal Fruit Pro Nutro Weetbix Fried Eggs Bacon Toast Fruit Juice Boiled Eggs Fruit Yoghurt
SANDWICH TREAT	Cheese Mince Samosas	Chocolate Spread Chocolate Crunchies	Cheese Jam Donuts	Hotdogs	Chicken Mayonnaise Chocolate Lamingtons		
LUNCH	Chicken Burgers Potato Wedges Sliced Tomato Sliced Cucumber Sliced Pineapple Green Salad Coleslaw Breadrolls Fruit Juice	Pulled Beef Panini Sweet Potato Wedges Orange Wedges Greek Salad Coleslaw Breadrolls Fruit Juice	Coca Cola Chicken Mashed Potato Peas Green Salad Spinach & Bacon Salad Breadrolls Fruit Juice	Beef Stroganoff Rice Medley of Vegetables Greek Salad 3 Bean Salad Homemade Rolls Fruit Juice	Crumbed Chicken Wraps Potato Wedges Stir Fry Vegetables Green Salad Beetroot Salad Breadrolls Fruit Juice	Chicken Curry Rice Sambals Greek Salad Carrot & Pineapple Salad Breadrolls Fruit Juice	Roast Pork Fillet Roast Potatoes Mediterranean Vegetables Creamy Garlic Sauce Green Salad Breadrolls Fruit Juice
VEGETARIAN	Vegetarian Burgers	Creamy Soya Strips	BBQ Soya Strips	Soya Stroganoff	Vegetarian Nuggets	Homemade Vegetable Pie	Veggie Quiche
SUPPER	Crumbed Fish Chips Peas Greek Salad Breadrolls Fruit Juice	Chicken Schnitzel Mealie Bake Butternut & Peas Cheese Sauce Greek Salad Breadrolls Fruit Juice	Savoury Mince Baked Potatoes Grated Cheese Greek Salad Breadrolls Fruit Juice	Roast Chicken Saute Sweet Potato Gem Squash Gravy Greek Salad Breadrolls Fruit Juice	Rib Burgers Chips Sliced Tomato Greek Salad Breadrolls Fruit Juice	Meatballs Subs Smashed Baby Potatoes Green Beans & Onion Greek Salad Breadrolls Fruit Juice	Cheesy Chicken Nuggets Potato Bake Carrots & Peas Greek Salad Homemade Rolls Fruit Juice
VEGETARIAN	Soya Nuggets	Vegetarian Schnitzel	Soya Strip Bolognaise	Chickpea and Butternut Bake	Cheesy Vegetable Burger	Vegetarian Subs	Soya Nuggets
DESSERT	Crème Caramel	Jelly & Custard	Fruit Salad	Chocolate Mousse	Malva Pudding & Custard	Paddle Pops	Bread and Butter Pudding with Custard

SUBJECT TO CHANGE WITHOUT NOTIFICATION FOR OPERATIONAL REQUIREMENTS