



## President's Award

**CONVENOR:**

Mr D Macdonald

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**VISION**

*Our vision is to become the self-development programme of choice for young people in South Africa.*

**MISSION**

*Our mission, with the assistance of adult volunteer leaders, is to empower young people between the ages of 14 and 25, by providing a balanced, non-competitive framework for self-development that will increase their self-esteem and enhance their capacity to achieve in whatever context they find themselves: enabling them to become responsible active citizens within their communities.*

[www.presidentsaward.co.za](http://www.presidentsaward.co.za)

**CONTENT**

There are four sections to the programme. All four sections must be tackled for the specified minimum period.

**1. Service:**

*Aim:* to learn how to give useful service to others

Emphasis: the emphasis is on the regular giving of service to others

Residential project (Gold level only): Young people are required to undertake a Residential project at the Gold level. This is intended to broaden their experience through living and working with others (who are not their everyday companions) over a period of five consecutive days.

**2. Adventurous Journey**

*Aim:* to encourage a spirit of adventure and discovery whilst undertaking a journey in a group.

The adventurous journey might be by foot, bicycle, boat or horseback. Travel by personal effort, without motorised assistance, should be involved. The key elements are proper training and preparation, self-sufficiency, self-reliance, and the exploration of new surroundings.

### **3. Skills**

*Aim:* to encourage the development of personal interests and practical skills

Sustained effort and general improvement over a period of time is required rather than the attainment of a specified standard.

### **4. Physical Recreation**

*Aim:* to encourage participation in physical recreation and improvement of performance.

Participants are required to take part in some form of organised physical recreation and show individual progress.

#### **SKILLS DEVELOPED / WHAT DOES A PARTICIPANT GET OUT OF THE PROGRAMME?**

- Self-belief and confidence
- An independent and self-motivating attitude
- A sense of responsibility to others
- A connection to the broader society
- New or improved interest, skills and abilities
- A willingness to try new things
- New friendships
- Lifelong interests
- Team skills
- Life skills: negotiation, research, communication, problem-solving, presentation and planning skills

#### **THE REWARD:**

For participants, the main reward is a great sense of personal achievement. They will gain new skills and experiences, make new friends and build all-round character. More tangibly, they will receive a prestigious badge and certificate to mark their achievement.